My brushing week

One tick or sticker after brushing with a grown-up.

Name: _____ **Week starting:** _____

DAY	MORNING	BEDTIME
Monday	○	○
Tuesday	○	○
Wednesday	○	○
Thursday	○	○
Friday	○	○
Saturday	○	○
Sunday	○	○

Our small celebration:

_____

Missed a box? Start again at the next brushing time.
A grown-up still helps and checks the brushing. This chart records a routine;
it does not check brushing quality or replace advice from your child's dentist.